

DRAGONFLY REIKI

Remember...

While complementary care can be a great adjunct to traditional medicine, it should **NEVER** take the place of medical treatment by your licensed Medical Doctor.

By their nature, energy therapies are gentle practices that enhance the healing process. They do not interfere in any way with medications or any medical procedures and in fact can help accelerate the body's natural ability to heal itself.

Build a rapport of cooperative care with your doctor by talking honestly and openly about your concerns and needs for your well-being.

By blending traditional allopathic medicine and holistic care, you can have a healthy, balanced and happy life.

About Lynn...

I've been using energy work instinctively all my life. When I discovered Reiki, it was that "Ah-ha" moment of knowing I'd found my path.

Since then, I've been led to guide those who come to me to a greater awareness and understanding of the connectedness of all beings to each other and to our mother Earth.

It is by remembering our connection to the Divine that we can truly become whole.

Namaste

(The divine in me honors
the divine in you.)

Dragonfly Reiki
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Lynn Browne
Reiki Master/Teacher
Certified Hypnotherapist

Holistic Well-being for
a Balanced and Health-full Life



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Reiki

(Ray-key) is a powerful, yet gentle form of touch therapy, which utilizes the naturally occurring energy of the universe to facilitate balance and harmony of body, mind and spirit. It is within this state of balance that healing can occur.

As a Reiki Practitioner, I act as a conduit for this life-force energy. Working with your inner body wisdom, the Reiki energy naturally flows to where it will best be used, supporting and enhancing your existing energy system.

This gentle, hands-on connection to Universal Energy can help you enter a deep state of relaxation.

When the body is relaxed, simple physiological responses occur that can allow for healing. As the muscles relax the blood flows with more ease, more oxygen travels through the body, nourishing the cells and releasing toxins.

The same responses occur on a mental or emotional level, as we tend to hold on to negative thoughts and feelings.

While Reiki is not a religious practice, the connection to Source can bring about a deeper spiritual awareness that may effect a sense of peace and harmony.

Lynn Browne
Reiki Master/Teacher

Reiki Counseling

Using both Reiki and guided imagery, Reiki Counseling facilitates the healing of emotional trauma.

There are often occurrences in our lives that impact our ability to fully embrace and enjoy life. We carry this toxic baggage with us, sometimes not even aware of how far out of balance we have become.

Emotional trauma can come from many disparate events and affects each one of us differently.

If you find yourself struggling with a recurring difficulty whose cause is unclear, it may be an issue you have brought from a past life. A traumatic event from your childhood, such as the loss of a loved one, can bother you on a subconscious level. If you have been abused, or been the victim of a violent crime, the intense energy of the event may be preventing you from reclaiming control of your life.

Reiki energy crosses the boundaries of time and space, enabling healing of past hurts from the safety and distance of the present day. It transforms the energy associated with the pain and allows it to be released into the ethers.

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Reiki Certification Classes

As you see the positive results of the Reiki energy at work during your sessions, you may wish to learn how to continue treatments yourself, or offer treatments to others (including your pets). This is especially helpful when addressing a long-term energy imbalance.

I offer private lessons for each level of Reiki certification:

Level I - Shoden

The first degree of Reiki training will give you the basics to begin practicing Reiki on yourself and others.

Level II - Okuden

The second degree of Reiki training will enable you to send Reiki over distances of time and space and work on a higher vibrational level.

Advanced Reiki Training

For those who would like to work with a higher degree of Reiki energy, yet don't feel the desire to teach, ART will raise your practice to the next level.

Master/Teacher - Shinpiden

The highest degree of Reiki training. At this level you will learn how to use all the Reiki symbols and become certified to pass on the lineage as a Teacher.

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